Sunshine Coast Meetings

All Zoom Meetings:

Meeting ID: 862 3789 0617 Passcode: 767060

Monday:

 $Hybrid: \quad 7:30 \ pm - 8:30 \ pm$

Suncoast AFG

Living Faith Lutheran Church 4607 Whitaker Rd. Sechelt, BC

Tuesday

In person: 12:00 pm – 1:30 pm

New Beginnings AFG St. Hilda's Anglican Church, 5838 Barnacle St. Sechelt, BC *by Zoom on request: 604 989 0701

Thursday

In person: 4:30 pm - 5:30 pm

Elders Room, Sechelt Nation 5559 Sunshine Coast Hwy

Sechelt, BC

Friday

Zoom: 12:00 pm – 1:00 pm

Friday Meeting on Line

In person: 12:00 pm - 1:30 pm:

Freedom From Fear AFG

St. Bartholomew's Anglican Church

659 North Rd. Gibsons, BC

Hybrid: 7:00 pm - 8:00 pm

Studio

8140 Cedar Wood Half Moon Bay, BC

For more information on Al-Anon Family Group meetings or to talk to an Al-Anon member on the Sunshine Coast

> CALL 1-604-740-6907 1-604-740-5988 1-604-740-6299

Information for the Newcomer

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose to help families of alcoholics. We do this by practicing the <u>Twelve Steps</u>, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

The above "Suggested Preamble to the Twelve Steps" is reprinted with permission from Al-Anon Family Groups Headquarters, Inc., Virginia Beach, VA.

1-888-4AL-ANON (1-888-435-2566) Info: call toll-free Monday thru Friday, 8am – 6pm Eastern time

Is your life affected by someone else's drinking?

KEEP COMING BACK.
IT WORKS!



WORLDWIDE AL-ANON

Al-Anon is a 12-step program for relatives and friends of alcoholics.